

OCTOBER 2017

Dundee Elementary Academy

MONDAY

Asian Chicken Rice Bowl
PBJ
Asian Chicken Salad

2

Egg Roll
Stir-Fry Vegetables
Fresh Fruit
Milk

Spaghetti
PBJ
Chef Salad

9

California Blend
Garden Salad
Fresh Fruit
Milk

Teacher
Work
Day

16

Cheesy Turkey Mac
PBJ
Harvest Chicken Salad

23

Broccoli
Fresh Veggies # 3
Fresh Fruit
Milk

Asian Chicken Rice Bowl
PBJ
Asian Chicken Salad

30

Egg Roll
Sides: Stir-Fry Vegetables
Fresh Fruit
Milk

TUESDAY

Beef Strongaoff
Yogurt Snacker
Southwest Chicken Salad

3

Corn
Graden Salad
Chilled Fruit
Milk

Turkey & Rice
W/ roll
Yogurt Snacker
Buffalo Chicken Salad

10

Broccoli
Fresh Veggies #4
Chilled Fruit
Milk

Chicken Soft Taco
Yogurt Snacker
Southwest Chicken Salad

17

Romaine & Tomato
CHIPS & Salsa
Chilled Fruit
Milk

Shepherd's Pie
W / ROLL
Yogurt Snacker
Buffalo Chicken Salad

24

Green beans
Chilled Fruit
Milk

Beef Strongaoff
Yogurt Snacker
Southwest Chicken Salad

31

Corn
Graden Salad
Chilled Fruit
Milk

WEDNESDAY

Fish Nuggets
PIZZA SNACKER
Fruit & Yogurt Salad

4

Cole Slaw
Carrots Steamed
Fresh Fruit
COOKIE
Milk

Chicken Nuggets
Turkey & Cheese Sand.
Fruit & Yogurt Salad

11

Corn
Baked Beans
Spiced Fruit
Milk

Baked Ziti
Turkey & Cheese Sand.
Fruit & Yogurt Salad

18

California Blend
Popeye Salad
Fresh Fruit
Milk

Chicken Patty Sandwich
Turkey & Cheese Sand.
Fruit & Yogurt Salad

25

Sweet Potato Fries
Corn on the Cob
Spiced Fruit
Milk

THURSDAY

Chicken n' Waffles
Ham & Cheese Sandwich
Chef Salad

5

Green Beans
Fresh Veggies # 3
Chilled Fruit
Milk

Korean BBQ Tacos
Ham & Cheese Sandwich
Asian Chicken Salad

12

Asian Slaw
Sweet Potato Fries
Chilled Fruit
Milk

Cuban Flatbread
PIZZA SNACKER
Chef Salad

19

Black Beans'
Fresh Veggies # 4
Chilled Fruit
Milk

Sloppy Joes Nachos
Ham & Cheese Sand.
Chef Salad

26

Romaine & Tomato
Pinto Beans
Chilled Fruit
Milk

FRIDAY

Cheeseburger
Yogurt Snacker
Chicken Caesar Salad

6

Fries
Baked Beans
Applesauce
Milk

PIZZA
Yogurt Snacker
Chicken Caesar Salad

13

Green Beans
Popeye Salad
Frozen Juice Cups
Milk

Cheeseburger
Yogurt Snacker
Chicken Caesar Salad

20

Fries
Garden Salad
Applesauce
Milk

PIZZA
Yogurt Snacker
Chicken Caesar Salad

27

California Blend
Popeye Salad
Frozen Juice Cups
Milk

DID YOU KNOW?

More US presidents have been born in October than in any other month.